

## ROLE OF LICORICE IN BENIGN OVARIAN CYST

Dr.Asiya Farheen,PhD Scholar<sup>1</sup>

*Dept Of Ilmul Qabalath-o-Ameaze Niswan(Obs&Gyn),Govt.Nizamia Tibbi College,India*

### ABSTRACT

*According to Unani medicine there are many causative theories to form ovarian cyst and most important cause is due to structural weakness of ovaries or impurities of blood due to which nutrients of the ovaries does not absorb in the structure of the ovaries,hence abnormal accumulated fluid form cyst.Now a days Ovarian cyst is prevalent endocrinal disorder charecterised by unruptured dominanat ovarian follicle more than 3cm and persistent for more than two menstrual cycles leading to symptoms of chronic pelvic pain,menstrual irregularities,infertility.treatment cosists of conventional pharmaceutical treatment and sutgicla intervention,is often associated with side effects and not effective in some cases. Women with ovarian cyst or other endocrinological disorders have expressed a strong desire for alternative treatments. Glycyrrhizaglabra is used in traditional medicine across the world for its ethnopharmacological value,in Unani literature use of licorice or mulhatti is mentioned in gynecological and other diseases in the form of single or compound formulations to correct the abnormal humor and strength the organs.Among the various constituents present in the licorice glycyrrhizin is the main biological active contituent of licorice which has many medicinal properties such as anti-inflammatory,anti-oxidant,anti-tumor,anti-lipid,anti-diabetic, anti-viral, immune enhancing and estrogenic properties.*

**Key Words:** *Abnormal humor, Endocrinological disorder, Licorice, Ovarian cyst,Unani medicine.*