

Study of Relationship between Emotional Intelligence and Achievement Motivation level of Sportspersons in relation to their Optimistic Attitude

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ABSTRACT

The purpose of the study was to find out the relationship between Emotional Intelligence and Achievement Motivation level of Sportspersons in relation to their Optimistic Attitude. A total of 100 male sports persons from team sports were purposively selected to act as subjects for the purposed study. The age of the subjects ranged between 17 to 30 years and the mean age of the subjects was found to be 21 (+SD) years. The subjects were sports persons from Basketball (20), Boxing (20), Cricket (20), Netball (20) and Hockey (20) with minimum Inter University level participation in their respective sports discipline. The questionnaire developed by D.S. Parasar (1998), Dr. M.L. Kamlesh, 1990 and Agashe and Helode, 2002 were used for assessing the Optimistic attitude, Sports achievement and emotional intelligence of the sports persons. The data for the present study was collected through the administration of the selected test items for psychological variables on the selected Inter varsity players from all over Haryana. The collected data was analyzed by computing Descriptive statistics followed by Pearson's Product moment correlation. The level of significance was set at 0.05 levels.

Keyword: Achievement Motivation, Emotional Intelligence, Optimistic, Pessimistic and Relationship.

I.INTRODUCTION

Intelligence constitutes the basic characteristic of human beings. The degree of intelligence is reflected by the clarity of purpose, thought and action in an individual's behavior. It involves understanding the specific situation in which the individual finds himself, and appropriately responding to it. It includes assimilation of information, processing of information, judicious selection of an alternative out of the multitude of alternatives presented, and rational decision making. Thus, intelligence consists in acting in a given situation with use of past experience, with due regard to what is novel in the situation, and to the whole situation rather than to some striking part of it. Achievement motivation is an essential element of human personality. It directs a person's activity and makes it more or less dynamic. Without the desire to succeed other psychological features and

abilities do not provide nearly so much influence on performance. Achievement motivation influences other factors affecting performance in sport like: physical preparation, technique and tactics.

II.METHOD AND PROCEDURE

To study the relationship between optimistic attitude and achievement motivation of individual and team game players total of 100 male sports persons from team sports were purposively selected to act as subjects for the purposed study. The age of the subjects ranged between 17 to 30 years and the mean age of the subjects was found to be 21 (+SD) years. The subjects were sports persons from Basketball (20), Boxing (20), Cricket (20), Netball (20) and Hockey (20) with minimum Inter University level participation in their respective sports discipline. The questionnaire developed by D.S. Parasar (1998), Dr. M.L. Kamlesh, 1990 and Agashe and Helode, 2002 were used for assessing the Optimistic attitude, Sports achievement and emotional intelligence of the sports persons. The data for the present study was collected through the administration of the selected test items for psychological variables on the selected Inter varsity players from all over Haryana. The collected data was analyzed by computing Descriptive statistics followed by Pearson's Product moment correlation. The level of significance was set at 0.05 levels.

III.RESULT AND DATA INTERPRETATION

Table No.1

Descriptive analysis of optimistic attitude and achievement motivation of individual and team game players

Variables	Mean		Standard Deviation	
	Team	Individual	Team	Individual
Achievement Motivation	29.231	20.400	3.635	3.282
Optimistic Attitude	26.244	21.840	6.521	5.175

Table No. 1 clearly depicts the values for descriptive analysis of Individual and Team Game Players for achievement motivation and optimistic attitude, which shows that the mean and standard deviation values of achievement motivation for team and individual game players are found to be 29.231 ± 3.635 & 20.400 ± 3.282 respectively and the values of optimistic attitude are found to be 26.244 ± 6.521 & 21.840 ± 5.175 respectively. The graphical representation has been shown in fig no. 1.

Fig No1:

Graphical representation of Descriptive analysis of optimistic attitude and achievement motivation of individual and team game players

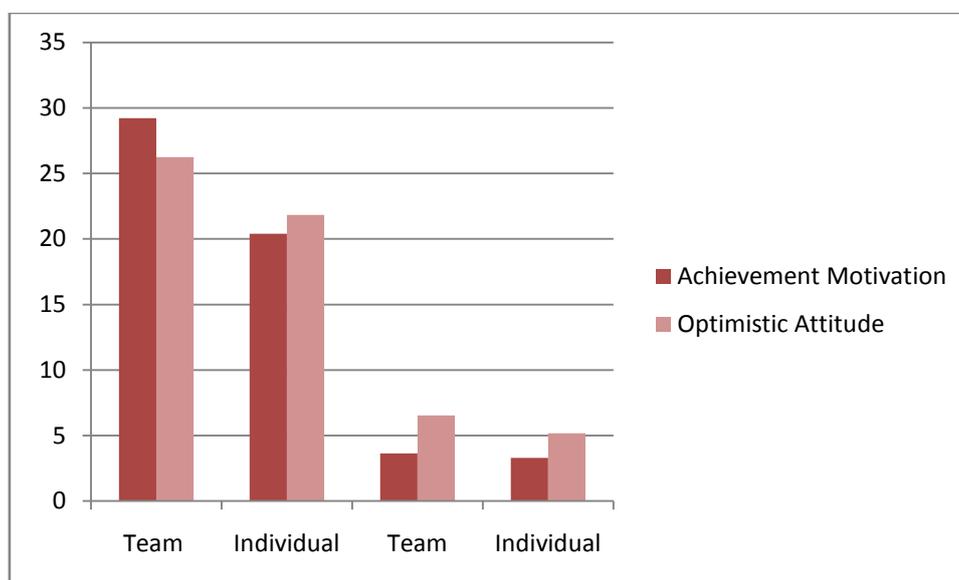


Table No. 4.2:

Pearson Product Moment correlation between Optimistic attitude and Achievement Motivation of individual and team game players

Variables	Sig.(2-tailed)	N	Correlation 'r'
Achievement Motivation & Optimistic Attitude (Team game players)	0.002	77	0.821*
Achievement Motivation & Optimistic Attitude (Individual game players)	0.004	50	0.763*

Table no. 2 clearly depicts the values for Pearson Product Moment correlation between Achievement Motivation and Optimistic Attitude for team and individual games layers, which shows that a significant correlation has been found between Achievement Motivation and Optimistic Attitude for both team and individual games players, as the values are found to be 0.821 and 0.763 respectively, which are significant at 0.05 level.

IV.DISCUSSION ON FINDINGS

The results shows that the mean and standard deviation values of achievement motivation for team and individual game players are found to be 29.231±3.635 & 20.400±3.282 respectively and the values of optimistic attitude are found to be 26.244±6.521 & 21.840±5.175 respectively, also a significant correlation has been found between Achievement Motivation and Optimistic Attitude for both team and individual game players, as

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the values are found to be 0.821 and 0.763 respectively, which are significant at 0.05 level. A significant relationship was found between the achievement motivation and optimistic attitude for male team players and is negatively related to mental pressure.

V.CONCLUSION

- A significant correlation has been found between Achievement Motivation and Optimistic Attitude for both team and individual game players.

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